

TEAM EMAIL
Self-Control Lesson #1 "CONTROL YOUR THOUGHTS"

We suggest that you send the following message to your team.
Attach the Creative Teaching, song list, or Small Group outline to the specific people who need them.
Customize your message to include any other information you want to communicate.

Hello _____

Thanks SO MUCH for being part of the iBELIEVE Adventure; and for doing your part with all your heart!

We are beginning a 4 week series about SELF-CONTROL. Kids aren't the boss of their parents, or teachers or caregivers...but they ARE the boss of themSELVES - their: THOUGHTS, FEELINGS, WORDS and ACTIONS. This is how important the Bible says self-control is: "Better a patient person than a warrior, one with self-control than one who takes a city." (Pro 16:32 NIV)

This week: SELF control = CONTROL your THOUGHTS!

VERSES TO MEDITATE ON: 2 Corinthians 10:5 and Philippians 4:8

2 Corinthians 10:5 - in the Message Bible it says: *We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ.*

THIS WEEK'S BUILDING BLOCKS:

2 Corinthians 10:5

My thoughts are OBEDIENT to Christ! X2 Bring every thought into captivity -
Second Corinthians 10:5 make it be OBEDIENT to Christ!

PHILIPPIANS 4:8 (Review from the BUILD series)

Whatever is TRUE and honorable! Whatever is PURE and right!
Whatever is GOOD and worthwhile - Keep those thoughts on your mind!
Keep those thoughts on your mind! Keep those thoughts on your mind!

PRAY THE SAME PRAYER THE CHILDREN WILL PRAY IN SMALL GROUP:

Thank you, Lord, that Your Word says that I can take my thoughts captive! I can CONTROL my thoughts! And in Your Name, I can tear down...demolish...and smash!! any bad, mad, sad, nasty, or scary thoughts! My thoughts will be obedient to You, Lord! I will ONLY THINK about whatever is true and honorable; whatever is pure and right; whatever is good and worthwhile.
Help ME to do that and HELP me to teach that to the children in my care! Amen.